



## Precautions

1. Do not remove the suppository from its original packaging until it is used to avoid loss of effectiveness.
2. Promptly inform your doctor if your symptoms persist or worsen, or if you experience any unusual anal discomfort (burning or irritation).



## Storage

Suppository should be stored in a cool, dry place. Unless otherwise directed, it is usually not required to be stored in the refrigerator. Medications must be stored properly to avoid the reach of children.



This guidance is for reference only .  
You should always follow your doctor's instructions.  
Check with your doctor or pharmacist if you have any questions.  
Do not share your medications with other people.

如有任何查詢，歡迎聯絡我們  
For enquiry, please feel free to contact us

### 藥劑部 Pharmacy

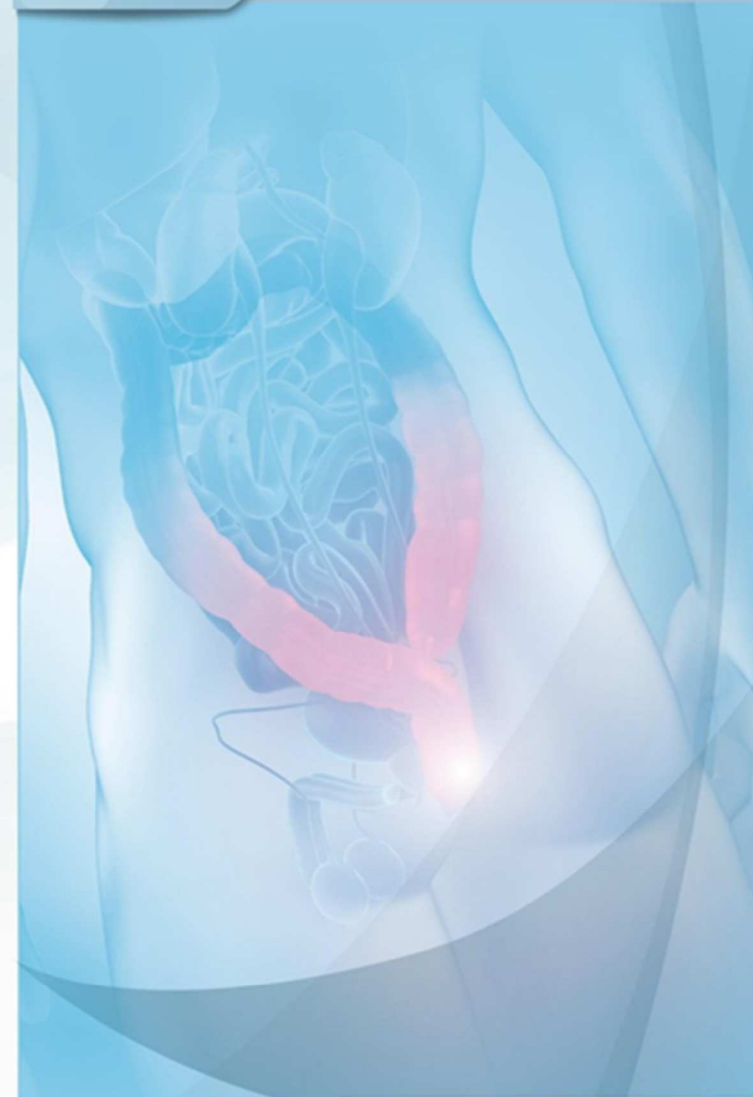
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# How to use Rectal Suppositories

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## Proper use of rectal suppositories



- 1 Wash your hands thoroughly with soap and water.

- 2 If the suppository is too soft, place it under cool water or place it in the refrigerator (but not freeze) for a moment to harden it before removing the wrapper.

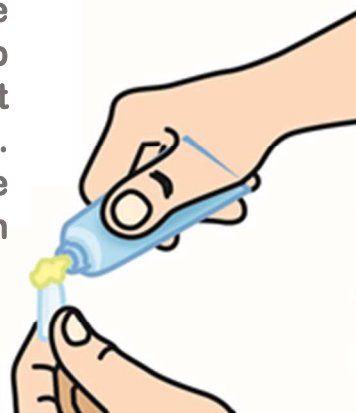


- 3 Put on a finger cot or disposable gloves.



- 4 Remove the wrapper.

- 5 Lubricate the suppository tip with lubricant such as Vaseline. If you do not have lubricant, moisten your rectal area.



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Insert the suppository with the pointed tip. If only a portion of the suppository is to be used, cut it with a pair of clean scissors, insert with the pointed tip and discard the remainder.

- 7 Lie on one side with your lower leg straightened out and your upper leg bent forward towards your stomach. Lift your upper buttock to expose the rectal area. Children may lie on adult's lap.



- 8 Relax the anus. Insert the suppository, pointed end first. Push the suppository with your finger well up to the rectum, about 2cm for children and 3cm for adults.

- 9 Hold buttocks together. Remain lying on one side for about 15 minutes to avoid having the suppository come out.



- 10 Suppository may melt and leak out, and you may use tissue to clean up. Discard the finger cot or gloves. Wash your hands thoroughly with soap and water.